

LIFE IN FOCUS EDUCATION

A.C.T.S. MANUAL

III

Drug Education Curriculum

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ALCOHOL – LESSON ONE

Lesson Objective

Alcohol is a lifestyle choice that is a constant struggle. Even though alcohol is legal and widely accepted, there is a price to be paid to be involved.

Focus points of visual application

Each tray can represent a comfortable level of choice because each level is becomes self-justified. Each product has its useable value and purpose, but emphasize it is the un-released impurities that hold it to the level it's settled at.

Character points of historical data

History will record us at the level of character we have chosen to live in. Jezebel was satisfied at her life choices in that she didn't show any regard to anyone outside of her own desires. Jezebel never looked into a mirror that would show that she wasn't the fairest in the land.

References

Substance Abuse and Treatment State and Federal Prisoners, 1997 "Screening for Alcohol Abuse using the CAGE Questionnaire" by B. Bush and others Bureau of Justice Statistics: DWI Offenders under Correctional Supervision

Application

We have all heard the saying, "Once an alcoholic, always and an alcoholic. "Is it because of the love for the alcohol? Is it because the hidden character of the person is brought to the surface?

The CAGE questionnaire was designed to help determine the likelihood of a person to abuse alcohol. The "C" portion asks the question, "Do you make attempts to (C)ut back on drinking?" This may be due to the amount of money spent on alcohol or perhaps the inability to keep drinking after you are "passed out drunk." On the surface, we may brag about how much alcohol we can consume on any given night, but we don't like to remember the things we did.

The "A" portion asks, "Are you annoyed when you are being criticized about your drinking?" Can you see the answer most would like to give: "No, it doesn't bother me; in fact, I invite my spouse along just to see if they can come up with an original gripe." The truth is that we don't like to have anyone criticize what we do. We also do not like to be reminded of what we already know".

The "G" portion asks, "Do you have feelings of guilt about drinking?" It may make a difference if you are asked before you are drinking or after you have drunk up your entire paycheck, and you still have to find your way home.

The "E" portion asks, "Do you find you need a drink first thing in the morning as an (E)ye opener or to steady your nerves?" This would be more than a little hair of the dog that bit you. They are talking about the need to be "half-lit" to even feel normal.

It makes you wonder if someone was a designated driver, or did most get caught because they couldn't stagger away. 38.3% of State prisoners said that they

had gotten into a physical fight while or right after drinking. 40.2% of State prisoners reported that they had arguments with their spouses, family, or friends while or right after drinking. With so many different things that are associated with the problems of drinking, it may make you wonder how much is alcohol, and how much is that the person has issues and alcohol seems to bring the issues out for everyone to see?

Perhaps we feel that if someone could somehow look inside of us, there is some good buried deep within. It may seem there are so many problems in the way life has been handed to us that we can never change or get ahead. Why do we have to struggle to do what is right? Why is It so easy to do wrong?

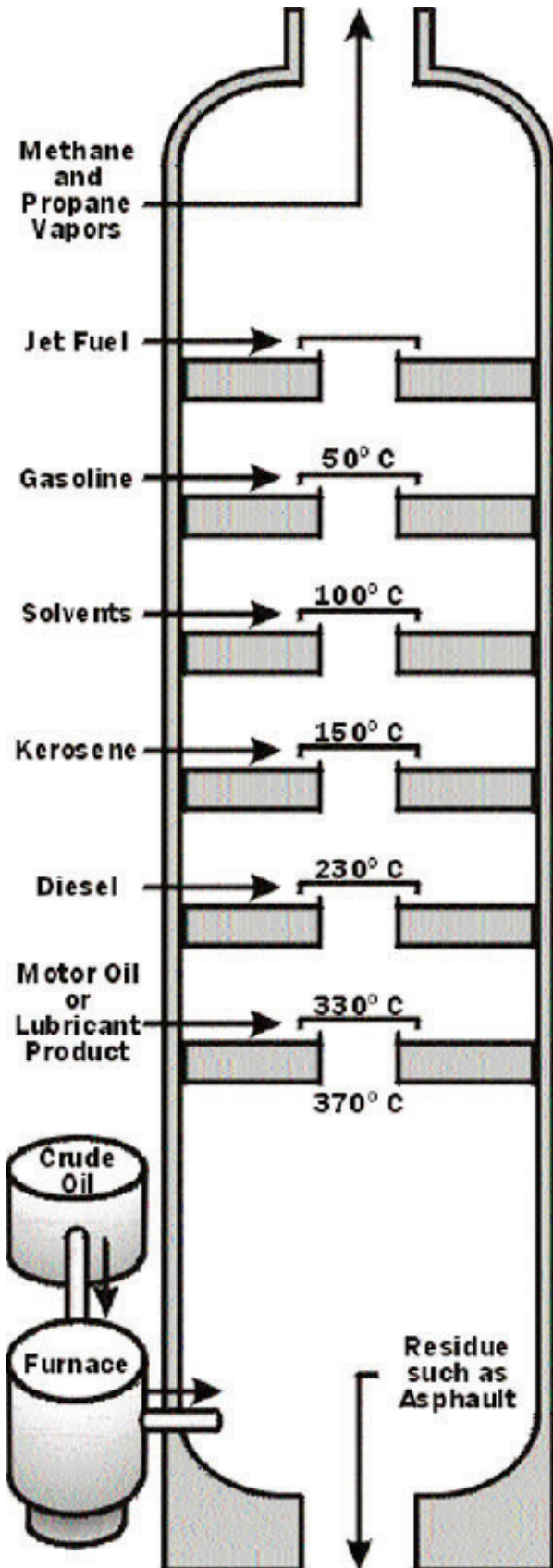
Perhaps we feel that if someone could somehow look inside of us, there is some good buried deep within. It may seem there are so many problems in the way life has been handed to us that we can never change or get ahead. Why do we have to struggle to do what is right, and yet it is so easy to do wrong?

Visual Application - Tower of Change

Crude oil is a chemical composition of Hydrocarbons that contains gaseous, liquid, and solid elements that can be separated. Crude oil is purchased with a hope that when the oil is separated into refined products, there will be more high-end products than low-end products. On an average, every barrel of crude oil contains 42 gallons of a saleable product with an estimated 21 gallons of gasoline, three gallons of jet fuel, nine gallons of diesel, four gallons of lubricants, and three gallons of residue. The numbers will vary by location of the drill site, country drilled in, and soil conditions of the drill site.

When crude oil is separated from petroleum, it must go through what is called a tower of change. The tower is designed like a chimney with heat being applied to the bottom on one side. The petroleum being pumped in with the pressure on the other side. When the petroleum comes in contact with the heat source, it does not burn away the useful product but causes the impurities to release from the gaseous crude oil. The residue that cannot be made into a gaseous state falls to the bottom of the tower and is drained off. This residue will be used in products such as asphalt.

The tower is designed with trays at different height levels, so as the gaseous product begins to



cool, it will turn back to a liquid state and collect it in a tray. The trays are set at levels to correlate with temperature changes and product cooling points. The tray at 370 degrees centigrade will collect the liquid that will be refined into motor oil or a lubricant product. The tray at 330 degrees centigrade will collect a liquid that will be refined into diesel. The tray at 230 degrees centigrade will collect a liquid that will be refined into kerosene. The tray at 150 degrees centigrade will collect a liquid that will be refined into solvents. The tray at 100 degrees centigrade will collect a liquid that will be refined into gasoline. The tray at 50 degrees centigrade will collect a liquid that will be refined into jet fuel.

The rate at which the gaseous products cool is determined by how many impurities that have been released when the heat was applied. The more impurities contained in a product, the faster the cooling point. The purer the product, the higher it will rise in the tower. Motor oil can withstand tremendous temperatures and will lubricate an engine, while a pure jet fuel would vaporize in the same atmosphere. Every product has a use at the level in which they release the most amounts of impurities and are in their purest form.

Ensuring that the liquid on the trays are in their purest form, each tray is pumped back through at the level that it cooled in. By being reintroduced at its liquid point, some of the product will release more impurities and may rise to the next tray. The liquid that does not release settles back into the same tray and is sent off to be refined as a final product.

As we look around us, we see people in various stages of life. Some of our friends have gone on to be successful, while others, no matter what they go through, seem never to change. When an employer hires you, he knows to a degree what you might do, yet he has hopes you might do more than what shows on the surface. Through the test of time or pressure of the job, he will see what you are made of.

It seems that everyone has opportunities to be productive, yet many choose not to accomplish anything. It would seem that we have a choice in what we become

by how many impurities we are willing to let go of. Even if all of your friends are in jail or the cemetery, there is a choice made. If we add a human characteristic to each tray level, it might add a comparable identity.

Unfortunately, in every barrel of gasoline, there's also a thing called residue, which means – I'm not going to change no matter what you do or what I do through or how much pressure I'm in or how much fire I'm under – I'm not changing. I'm talking about folks that their life will never be anything.

Motor oil reminds me if you want to get to what it's like in people's terms, of the masses. It's just there to make the wheels turn. Lubricant type folks are the mass crowd of people that exist without any purpose but are a crowd. At 370° and all the pressure there, they are barely moved. But folks come and go. They show up anytime they want, but can't be counted on getting involved. Fast food services run through hundreds of people that thought they wanted to work. They wanted a check, but they didn't want to work

The next level is diesel fuel. These are the people that move things, do things but only under extreme pressure. Have you ever seen guys on the job that will work, but it's usually only if you're watching them? So, the diesel fuel type – there's a lot of this also. These are movers under pressure, which means – if you will stay on them, it doesn't take a spark, it just takes the pressure, and they'll do things. They show up regularly. They're there to do things. They don't want to commit. They don't want any responsibilities. They like to show up. That's diesel.

The next level will be kerosene. Kerosene means – I'll work with you, but don't put any pressure on me. You can't put pressure on kerosene. There's too much oil in it to be a good spark ignition for a motor vehicle, but kerosene has its value for light. It has its value for a burnable product. It has its value and its place. This is the type of individual – they work but, have you ever seen guys – they'll work but, the

moment you give them two jobs, it's like, "I can't handle it! I'm out of here. I can't handle this!" It's like, "All I did was ask you to walk and chew gum. Can't you handle two things?" No! Some folks cannot handle any pressure. They want to be a help – just let them do their thing the way they like to do it and without any pressure and leave them alone. They'll do great. The moment you say, "Well, you've done great vacuuming, now let's try the windows." "Aww, I can't do windows!" So you have your kerosene folks.

Then you have your solvents. Now the solvent folks take a little different step. Solvents work well. They aren't pure enough and not oil-based enough free that it doesn't leave a residue. Have you seen folks that it's somewhat nice to be around them, but there's that residue? It's that where they're just not quite where you can take and – you don't feel that comfortableness with them. They understand the structure and do their job well. They will do whatever you say, and they can handle all kinds of pressure. Just don't put them around people. Have you ever seen folks like that? It's like: where can I get you a job where you'll do the least amount of harm? Keep them on the back 40 where they can't talk to anybody. They do a great job mowing the grass. They do a great job, and whatever you want and will do anything you ask. They will go the extra mile. But just don't let them get around people. Have you ever seen folks like that? Great workers, but they're just lousy communicators.

The next level is gasoline folk. Gasoline folks are the guys that have put enough effort. That's why, in crude oil, it gives you – over half of that's going to be gas. Gasoline is the type of folks that become leaders. They become dependable and have structure and can get with the program. They will handle pressure to do what you ask. They stay within the structure. They understand relationships. They get the job done.

Then you get jet fuel folks. Now, jet fuel folks, what they end up doing – these folks become your leaders that can lead others. Now, I'm not talking about, "Now, I'm

the boss. Bless God, get in line!" It's the folks that say, "Hey, I'm doing this. Do you want to join me?" And it's like, "Yeah! Let's get with this guy!" Jet fuel folks attract you. Jet fuel folks are explosive. Jet fuel folks are the kind that says, "Forget the car. It's too slow. Let's get the jet." I don't want to just kind of piddle around the pond. I want to make waves.

That's why there's so little jet fuel in these. There are three gallons! A lot of folks like to be led, but they don't want to be the leader. Jet fuel folks don't like to be led – they like to be leaders. They find themselves usually pushed to that point because they're going to keep pushing, driving, pushing, and driving because they want to get more things done. What happens is they push themselves to the forefront, but they take the weight on. They can carry the mail.

What's left, the top of this tower is methane and propane vapors. I did categorize this one because it's not containable. There's something about some folks that get it all together that are not containable. I'm going to label them visionaries.

One thing about a visionary, though, they have lots of flames, but they sure do flame out easy. They make a bright flash. Talk about burning candles at both ends – baby, I put mine in the microwave. Man, melt it all at once! Those are visionaries. Those are guys that – it's hard to contain. They just got a lot on their minds, much going on, and a lot is going to happen, that it becomes so explosive! They're folks that just can't sit in one spot. They only see too much potential everywhere they go. You've seen them. They do everything but cartwheels, and, if he were young enough, he would have done that! It excites you.

What we become is determined by the release of what holds us down, whether it is drugs, lifestyle, hurts, insecurities, or attitudes. There are times in our lives when the fire is lit, that we either have to change, or we refuse to change. If I turn loose of the things that I know are wrong, I then have a chance to move to a higher level in life.

Jezebel

Because of the life of one woman, the name "Jezebel" has been marked. How many women do you know that are named Jezebel? I don't think very many mothers would say, "I am going to name my daughter Jezebel anyway, and no one will say anything to my daughter."

Jezebel is an excellent example of what a committed person can accomplish when driven with a desire for power. Jezebel made a place for herself in history as the vilest woman of power. Jezebel held great power because she not only manipulated her husband, King Ahab but also organized 850 pagan priests to carry out what she felt like was her religion.

One day as Ahab walked through a vineyard owned by Naboth, he thought that he would like to own the vineyard. When Ahab offered to buy Naboth's vineyard, Naboth said, "I cannot sell my vineyard because it is my inheritance." Ahab didn't care that it was Naboth's inheritance; he just wanted it. Ahab went home, laid around, sulked, and pouted. Jezebel asked him what the problem was, and he told her that he wanted Naboth's vineyard, but he wouldn't let him have it. Jezebel said, "I will give you the vineyard of Naboth."

Jezebel wrote letters in the King's name and had the nobles of Naboth's hometown to arrange a fast and make Naboth the head of the fast. When this was accomplished, Jezebel had the nobles lie about Naboth saying, "Naboth had spoken evil about the King." When Naboth was tried, of course, he was found guilty and sentenced to death. After Naboth was killed, Jezebel went to Ahab and said, "I have given you the vineyard of Naboth." Human life was given no consideration. How would Naboth's family make it now that their inheritance was gone and their source for income was taken away?

When Ahab, her husband, was killed in battle, Jezebel set up her son as King of Israel. She was not going to be without power, and she would still be in control even if her son had to be a puppet. Fourteen years after Ahab died, a man named Jehu was named King of Israel, and he came to Samaria to take his kingdom from

Jehoram. When Jehu came near to the city, he killed Jehoram, and when he entered the city, Jezebel was waiting. Jezebel dressed up in her best, painted herself, and waited on the balcony to entice Jehu. Jezebel had already decided to remain in power no matter the cost. Jezebel was not in love with Jehu, just in love with power. Jezebel didn't care what she had to do; she was not going to be stopped. You would ask yourself, why does Jezebel do things that will hurt so many? Jezebel didn't care who got in her way; she was going to have her way.

It would be so easy to condemn Jezebel for all the wrong she did, and then act as though we have never done anything with a selfish motive that hurt others. Amazingly, it never looks wrong to us when we are the one who benefits. How many times do we stop and weigh out the action we are thinking of and see who is going to be affected by it?

A.C.T.S. Alcohol Chemical Treatment Series

LESSON ONE SUPPLEMENT

Alcohol

1. Describe the (c)ut back on drinking portion of C.A.G.E.
2. Describe the (a)nnoyed when you are criticized about your drinking portion of C.A.G.E.
3. Describe the (g)uilt about drinking portion of C.A.G.E.
4. Describe the (e)ye opener portion of C.A.G.E.
5. Briefly describe how your life may compare to that of Jezebel.

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